

**AREA**

Dolomites - Cristallo

**GRUPPO**

Cristallo

**PEAK**

Cristallino d'Ampezzo

**VIA FERRATA**

Sentiero Ivano Dibona

**FACE**

South

**ALTITUDE**

2932m

**DIFFICULTY**

Easy

**TIME**

8 hours

**BEAUTY**

5

**DESCRIPTION OF DIFFICULTY**

Although predominantly downhill and always well-equipped wherever necessary, this itinerary requires a certain degree of general fitness. Check the weather and snow conditions before setting off.

**TOTAL ASCENT**

1600 m.

**FERRATA ASCENT**

200 m.

**PERIOD**

From July to October, depending on snow conditions.

**POPULARITY**

High

**GEAR NECESSARI**

Normal via ferrata kit.

**MOUNTAIN HUTS**

Rif. Lorenzi (2932m.),  
Rif. Son Forca (2215m.)

**ACCESS**

Take the chairlift to Rif. Sonforca and continue in gondolas to Forcella Staunies (2919m). From the top of the lift a clearly signposted iron ladder leads to the first cables.

**ASCENT**

From the top of the lift climb up the iron ladder to the first cables which lead leftwards to the wooden 'Ponte del Cristallo' suspension bridge. Once across this awe-inspiring but safe gangway that crosses the deep gorge the itinerary continues towards Forcella Grande (2874m), from where an equipped path

(2932m). After having passed various military constructions the path leads to Forcella Padeon (2760m) and the bivouac Bivacco Mag. Carlo Buffa di Perrero, before ascending slightly along the south face of Col Pistone (2862m) and Vecio del Forame (2868m) to Forcella Alta (2640m). A steep scree descent leads to Forcella Bassa (2417m), from where a path leads leftwards directly down into Val Padeon, shortening the walk by 2 hours.

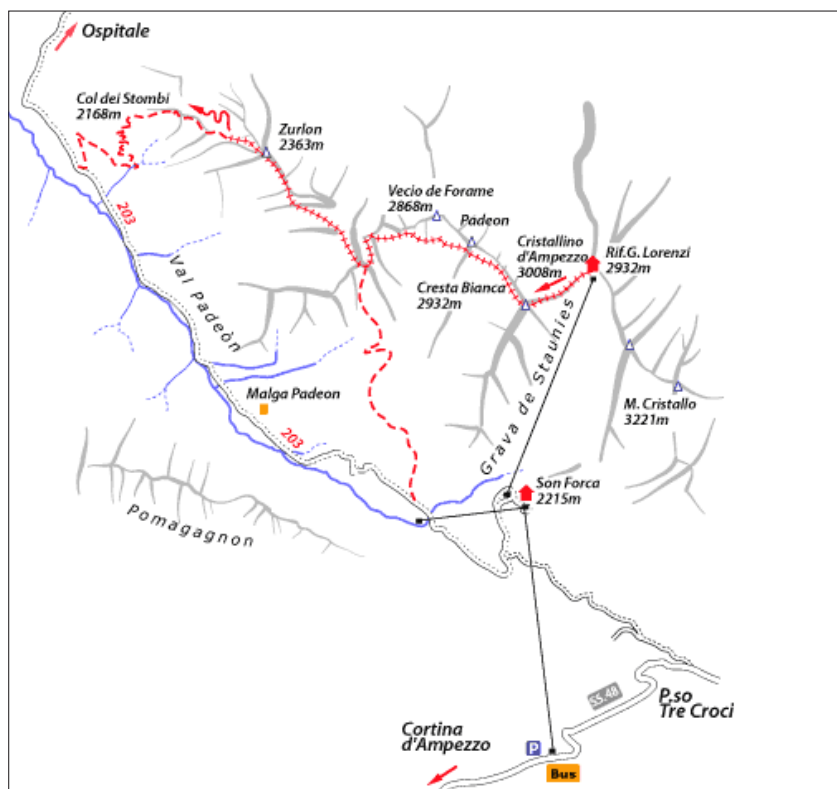
The Sentiero Ivano Dibona continues however along scree slopes, past First World War Italian military positions and the Cresta del Zurlon (2379m) to Col dei Stombi (2168m), to then zig-zag rapidly down into the forest and the Val Padeon.

**DESCENT**

Once on the path no. 203 either proceed to Ospitale (1490m) and the SS 51 to return by bus or second car, or alternatively return to Rif. Somforca (2110m) to then descend by chairlift to the starting point.

**BIBLIOGRAPHY**

*Via Ferrata Scrambles in the Dolomites* by Höfler/Werner Translation Cecil Davies Cicerone Press

**INTRODUCTION**

This long itinerary crosses the well-known 27 m suspension bridge and then follows a magnificent and airy line along ledges used during the First World War. The ferrata poses no particular difficulties as it is predominantly downhill. By combining the Ivano Dibona with the Ferrata Bianchi on the Cristallo di Mezzo and the diversion to the Cima del Cristallino one can carry out a fantastic traverse through the Gruppo del Cristallo.

**GETTING THERE**

From Cortina take the SS 48 towards Passo Tre Croci to Capanna Rio Gere and park at the start of the Sonforca chairlift (1698m), located beneath Mt. Cristallo.

leads off up to the summit of Cristallino d'Ampezzo (3008m - h 0,30).

From Forcella Grande it is also possible to descend to Forcella Verde and the Ferrata De Pol by following the obvious marked path. Our itinerary continues however past the Forcella Grande and along the south face via ledges, equipped in places, to beneath the Cresta Bianca

**LINKS**

<http://cortina.dolomiti.org>  
<http://www.planetmountain.com>  
<http://www.guidecortina.com>